



SPA DU LAC

# SPA ETIQUETTE

In order to ensure you a comfortable, safe and relaxing experience, we strongly suggest you to respect the following rules of use.  
Thank you for your understanding.

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Please arrive 15 minutes prior to your scheduled treatment. Being late for your appointment may shorten the duration of your treatment. Towels, bathrobes and slippers for the pool and showers are available in the Spa. Put your shoes in the specially designed space. Wear slippers in all public areas. Swimsuits are mandatory. For some treatments, you will be given disposable underwear. During treatments, please inform your therapist if you're comfortable, if too warm or too cold, or if the applied pressure is too light or too firm. Your comfort and care is of our greatest concern.

## USE OF SPA SERVICES

Before using the pool areas, it is necessary to shower. For hygiene reasons we kindly ask you not to use the pool after your body treatment because the water will incur residues essential oils have been used. For your safety diving is not allowed.

## CANCELLATION

We kindly request a minimum of 4 hours cancellation notice for a treatment otherwise we will regrettably have to charge 50 % of your treatments.

## AGE REQUIREMENT


Spa facilities are permitted to people over 16 years old.

## MOBILE PHONES & SMOKING

Smoking is prohibited. The use of mobile phones is not permitted in the Spa.

## PERSONAL BELONGINGS

Please try not to attend Spa facilities with personal valuables. The hotel is not responsible for any loss or damage of your belongings

A relaxing spa environment featuring a circular hot tub with a mosaic tile edge, a stone pillar on the left, and a wire lantern with a lit candle on the right. The background is a curved wall of frosted glass blocks.

SPA DU LAC PHILOSOPHY  
IS BASED ON THE ORIENTAL CULTURE,  
WHERE BODY AND MIND BALANCE  
IS THE SOURCE OF WELLBEING AND BEAUTY.

IN THE HARMONIOUS ENVIRONMENT  
OF SPA DU LAC  
OUR GUESTS START A UNIQUE JOURNEY  
TO THE WORLD OF RELAXATION.

LET US PAMPER YOU!

T. +30 26510 59500 - DL500

# WATER SESSIONS

## 120' POOL, SAUNA & STEAM BATH

for non-hotel residents

15€

## 120' POOL, SAUNA & STEAM BATH

for hotel residents

10€

## 120' POOL, SAUNA & STEAM BATH

In our effort to offer you a complete package, with any treatment you reserve, we offer you the use of the pool, sauna and steam bath.

FREE



# MASSAGE



# MASSAGE THERAPIES

## REJUVENATION

### MOROCCAN MASSAGE

**30' BACK, NECK & HANDS**

**40€**

**50' FULL BODY**

**60€**

A luxurious massage inspired by Moroccan traditions provides your body with exceptional benefits. Aromatic oils with natural plant extracts will help enhance your mood and awaken your senses. With the help of your therapist, you will choose the mix of oils that is most appropriate to your needs in order to balance body and mind.

### DOUCEURS ORIENTALE

**30' BACK, NECK & HANDS**

**50€**

**50' FULL BODY**

**70€**

This magical Oriental experience will transport you into the depths of East. Senses are stimulated through aromatherapy with warm Shea butter with floral and spicy aromas. Your skin is left smooth and velvet soft, while body, mind, and spirit are restored.

### 60' DU LAC ORIENTAL MASSAGE

**80€**

An exotic spa ritual that includes a relaxing foot bath with rose petals and traditional Balinese full body massage with warm essential oils. This calming treatment allows the mind and body to completely unwind.

## RELAXATION

### **20' NECK - HEAD & FACE MASSAGE**

**30€**

This massage focuses on the neck, head and face. The essential oils in combination with the use of mild techniques of lymphatic massage relieves the body of muscular pain that have been caused by accumulated tension, leaving a feeling of relaxation

### **30' FOUR-HANDS RELAXING MASSAGE**

**80€**

The ultimate massage experience at Spa du Lac, where two therapists work together in perfect harmony to multiply the beneficial properties of the massage. Allow our experts to relax and calm your body and feel the difference.

### **20' RELAXING FOOT MASSAGE**

**30€**

This relaxing foot massage with warm essential oils improves circulation, detoxifies, increases energy flow and produces a deep sensation of well-being.

# BODY & FACE





# BODY & FACE

## 70' SILICIUM

85€

A splendid treatment based on Marine Hyaluronic Acid molecules, collagen and Marine Sillicium for optimum effectiveness and immediate results. The results will be immediate after just 1 treatment with less noticeable wrinkles and firmer face.

## 60' HYALURONIC

80€

This unique facial uses Marine Hyaluronic Acid molecules for optimal absorption of active ingredients and immediate results. Your skin is restored significantly by using special massage techniques with Hyaluronic filler and an effective mask.

## 60' PEARL FACIAL

70€

An ideal face treatment for shine and regeneration. Relax while a specialized therapist offers you a facial massage with Oriental Argan oil. Once your skin is smooth, a nourishing mask based on pearl, honey and royal jelly is applied to revive the skin's luminosity.

## 60' ARGAN FACIAL

60€

This treatment offers pure relaxation while simultaneously toning, tightening and plumping skin to improve natural radiance. Begins with a gentle facial massage with roasted Argan oil and finishes with a mask based on rasoul (clay). This treatment is specially designed for the needs of men skin also.

### **20' THAI BODY SCRUB**

**30€**

A revitalizing body scrub where warming vanilla and honey come together to realign the mind and emotions, while the brown sugar and sweet almond oil work together to gently rejuvenate dry or tired skin.

### **70' AROMACEANE**

**60€**

Personalized body treatment to replenish minerals in the body and give relief from pain. It includes body wrap with marine mud from the Dead Sea and massage with essential oils. Depending on the choice of oil treatment may act relaxing, refreshing, purifying, or for treatment of cellulite and fluid retention.

### **70' MARINE ALGAE BODY WRAP**

**80€**

The original marine algae wrap, harnessing all the incredible benefits of seaweed. After the seaweed wrap is removed, a massage is carried out using our oil blend. This treatment activates circulation, increases metabolism, relieves pains and improves skin conditions.

### **90' MOROCCAN HAMMAM RITUAL**

**90€**

A unique journey guided by the Oriental heritage. The ritual starts with an exquisite, deep peeling using the Moroccan black soap and the traditional "Kessa" glove. Complete the escape with a full body massage using nourishing Shea butter with oriental aroma.

### **100' POLYNESIA**

**110€**

A relaxing journey inspired by the Polynesian beauty rituals. Body scrub, massage with hot pouches of white sand and lomi lomi massage techniques and for the end, luxurious, pearlescent, glow with oil Monoi. The exotic aromas of vanilla and coconut from the Pacific islands will relax you completely.

# SPA DU LAC PACKAGES

## WATER SENSATION

60€

10 VISITS

- use of pool and hydrotherapy

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## REJUVENATION

80€

10 VISITS

- use of pool and hydrotherapy

- sauna and steam bath

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## AROMAS RELAXATION

100€

7 VISITS

- use of pool and hydrotherapy

- sauna and steam bath

- 50 'aromatherapy massage

You can take advantage of the above packages in the duration of one calendar month.

Treatments and prices are subject to change.



# SPA DU LAC

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